

Most Common Causes of Denture Damage

By FBA Dental Service





Why Do Dentures Break?

Dentures are designed to be durable, but daily wear and accidental mishaps can cause damage over time.

Common Causes Include:

- Accidental drops during cleaning
- Normal wear and tear
- Poor denture fit
- Biting hard foods
- Improper storage and maintenance



Accidental Drops and Impact Damage

Dentures are designed to be durable, but daily wear and accidental mishaps can cause damage over time.

How to Prevent It:

- Clean dentures over a folded towel.
- Fill the sink with water while cleaning.
- Handle dentures carefully with both hands.

Severe cracks or breaks often require emergency denture repairs to restore comfort and functionality quickly.



Wear and Tear Over Time

Even high-quality dentures experience gradual wear from:

1. Chewing and speaking
2. Temperature changes
3. Daily insertion and removal

Warning Signs:

- Small cracks
- Worn chewing surfaces
- Loose or unstable fit

Regular checkups can identify problems before major damage occurs.



Poor Fit and Excessive Pressure

1. Changes in the jawbone and gums can cause dentures to become loose over time.

Problems Caused by Poor Fit:

- Uneven pressure on the denture base
- Increased risk of cracks
- Discomfort and sore spots
- Difficulty chewing



Hard Foods and Improper Care

1. Certain habits can shorten the lifespan of dentures.

Common Mistakes:

- Biting ice or hard candies
- Using dentures to open packages
- Cleaning with abrasive products
- Allowing dentures to dry out



Thank You

75 Kangaroo Rd, Tahmoor NSW 2573, Australia

+61 430 119 440